

Healthy Homes

Home Assessment for Children with Asthma

If you live in Orange County and struggle to control your child's asthma, ask your doctor or school nurse for a referral for a free Healthy Homes Assessment.

Healthy Homes is a free program for families that can help you take control of your child's asthma. It has been proven to significantly reduce emergency room visits and improve asthma symptoms.

A Healthy Homes team will visit you at home. They will identify things that may be making your child's asthma worse and provide you and your healthcare provider with a report on how to make your home healthier. They will help you with:

- Identifying potential asthma triggers and health hazards
- Information and resources to implement low-cost, reliable, and practical methods to reduce health and safety hazards
- Asthma medication management

This program serves families who:

- Have a child under the age of 18 with poorly controlled asthma
- Live in Orange County

What happens during the first visit? The Healthy Homes team will:

- Ask questions about your child's asthma, reviewing relevant plans and medications to assist in managing the condition;
- Do an environmental assessment of the home and share preliminary findings; and
- Provide resources to assist in addressing a broad array of housing-related health hazards, such as a Green Cleaning kit, dust covers for your child's mattress and pillow, and a temporary loan of a HEPA vacuum cleaner.

What happens after the first visit?

- The Health Department will provide a final report of the assessment findings to you and your healthcare provider. We may offer to do additional visits to help you address health-related housing conditions, as needed.
- You will be asked to complete surveys 4 weeks, 3 months, and 6 months after the assessment to evaluate the impact and quality of the services.

Who will come to my home?

The visit will be coordinated and staffed by the Health Department. The team may also include a nurse from a partner organization (e.g., school, UNC Health Care, Medicaid) and, for those living within a Family Success Alliance zone, a Zone Navigator.

For more information contact Kiana Redd at kredd@orangecountync.gov or 919-245-2379. This service is part of a pilot program offered by the Health Department and will continue as funding permits.

Learn more about the Family Success Alliance at <http://www.orangecountync.gov/departments/health/FSA.php>